

Simply OA™

thoughts &amp; insights from Ordinarily Amazing®

Take a minute and ask yourself, "Am I living an ordinary life or an *Ordinarily Amazing* life?"

The answer may be in **the choices** you make or **the lenses** you use. Try putting on a new pair of glasses and see your "same" life, but from a completely different perspective - an **Ordinarily Amazing perspective**.

**Your choices are yours.** Be grateful for the good choices you've made. Be grateful for the wisdom acquired from the bad choices. Be a student of life and focus on the positive in a sometimes very negative world. It's the OA way.

**Take a breath.** The stress of life may seem overwhelming, almost paralyzing. So **ask for help** and be thankful for what you have. There are Ordinarily Amazing people all around you who can take some of the burden...if you let them.

Life can be really simple. It's often our minds that make things so complicated. **Simply be aware.** Let yourself see the OA aspects of your life. It's all good. It's your life and it's Ordinarily Amazing.

-Kristi Turner

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Founder of Ordinarily Amazing

"Is it a blessing or is it a curse? Can it get any better? Can it get any worse?..." From the song *It just Won't Quit* by Meatloaf

Simply OA emails are sent to remind us to recognize and honor the [Ordinarily Amazing](#) moments in our lives through inspirational quotes, stories and profiles. **Spread the word and forward this email to friends and family.**

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someone else.

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